# Fruits, Vegetables and Plants to Grow in this Region?

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Presented to the Cory Neighborhood

# University of California Cooperative Extension (UCCE) Master Gardener Program of Santa Clara County

- University of California trained volunteers
- Hotline: Call, walk in, e-mail
- Website: mastergardeners.org
- Monthly email with gardening tips & news
- Demonstration & research gardens
- Events: Spring Garden Market, others
- Classes and talks, speakers bureau, school garden advisory team



# Growing **Plants &** Vegetables

 Sustainable Gardening

Seed or **Transplants** 

Vegetables

**Fruits** 

Perennials



# What is sustainable gardening?

#### Gardening that:

- respects and protects the environment
- conserves non-renewable natural resources

Most sustainable gardening is organic.



photo by Candace Simpson

# Sustainable Vegetable Gardening Practices

Soil: Amend with compost; use an organic mulch

Water: Monitor and add right amount at right time.

**Seeds & seedlings**: Direct seed when possible, or grow your own seedlings.

**Vegetables**: Provide the right amount of sun, fertilizer, water, and space for optimum growth.

Pests, weeds, and disease: Manage with cultural, mechanical, or biological methods . . . . . . . . And learn to tolerate some damage.

#### Why start from seed?



Photos by Karen Schaffer

# How to select healthy plants in the nursery



#### **Types of tomatoes**



Classi c



Cherr





Beefsteak

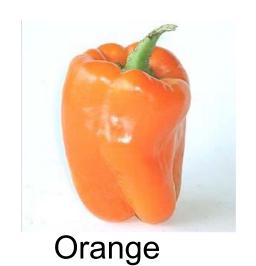


Paste

#### **Sweet peppers**



Karma



Sun

Corno di Toro





Nardello

## **Eggplant**



## Green beans, bush and pole



#### **Cucumbers**





## Summer squash



#### **Melons**





#### Perennial vegetables



## **Growing Blueberries**





#### **Water Wise Plants**



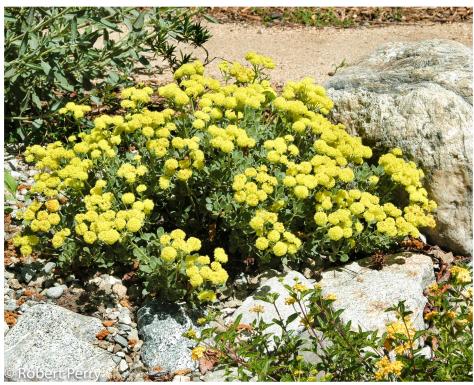
#### **California natives**



#### California Buckwheat - Eriogonum



www.pinterest.com/pin/235453886739613844/

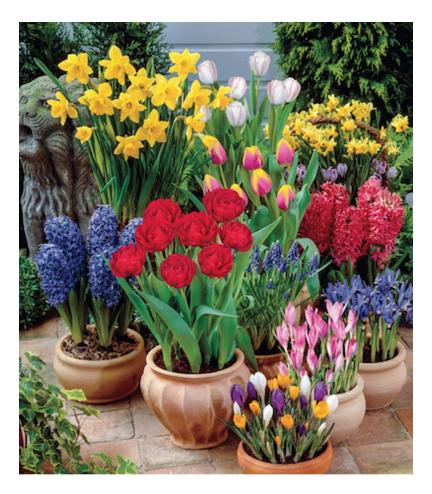


https://inlandvalleygardenplanner.org/plants/eriogonum-umbellatum/

#### Rubescens and sulfur

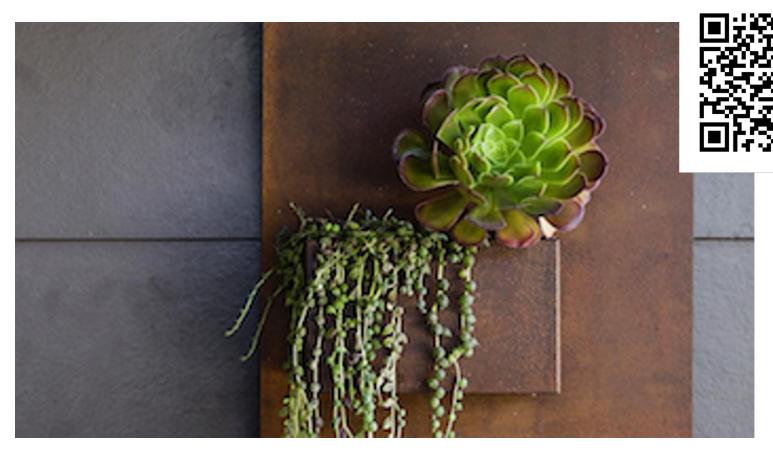
#### **Bulbs**

One type per pot



https://m.brecks.com/blog/bulbs-going-pots

#### **Succulents**



www.sunset.com/garden/garden-basics/succulent-plants#urban-chic-succulents



www.sunset.com/garden/garden-basics/succulent-plants#succulent-patio

## Thank you for coming

